



Hong CHUA

### **Holistic Educator And Raindrop Therapist**

An international holistic teacher and healer with over 30 years experience in spirituality, Hong started Meditation / QiGong at 5 and is trained in Acupressure since his early teens.

At 13, after touching his first computer in school, he knows that the first part of his life involves computer related work. At 16, while in deep meditation, he is told by the Masters to focus on experiencing life issues and challenges before he will start teaching in the later part of his life.

Hence, after graduating from University as a computer engineer, Hong has worked for 15 years as a corporate consultant implementing complex financial applications. In 2008, he has completed 2 diploma programs in holistic health and therapy in Australia. He is currently pursuing a PhD in complementary medicine.

Hong integrates both the analytical and the intuitive. He works on the physical and subtle bodies of emotion, mind, energy and spirit. He is passionate in reminding people that they hold the power of their destiny in their own hands. Through his meditation classes, workshops, retreats and empowerments, he facilitates healing through self awareness.

As a Shamanic Practitioner of the Nyingma tradition, he is sensitive to subtle energies. He specialises in the Transformation of the duality of Yin and Yang into Oneness through the framework of the 5 Elements on the Multi Dimensional Body. This is further enhanced with Raindrop therapy where appropriate aromatic plants are chosen intuitively for optimal healing.

Working with energy, he takes a systematic approach to Cleanse, Purify, Release, Align, Attune, Activate, Awaken, Integrate & Mastery.

Hong considers himself a Door Opener. He holds the Sacred Space to allow you to unlock the door of your heart and enable you to walk out on your own for your personal healing and transformation.

Hong is especially inspired by the words of Mahatma Gandhi – “Be the change you want to see in the world”

Hong has developed a framework where the following bodies need to be strong and balanced for optimal health - physical, emotional, mental, energetic and spiritual. Hong is truly passionate about empowering his clients in restoring balance to themselves in all 5 bodies through the following:

Shaman	Meditation	AcuPower	Raindrop	Transformation
Working with sacred space and energies of nature to bring balance and harmony within and without.	Ranging from basic concentration for beginners to more advanced techniques for gaining insights and self awareness.	Applying pressure on various acupuncture points to sedate or stimulate Qi in the physical body and subtle energies the aura.	A gentle and non-invasive therapy using mankind's first all natural essential oils of optimal therapeutic quality.	Transformation overcomes personal limitations, creates a conscious shift that empowers you to take destiny in own your hands.