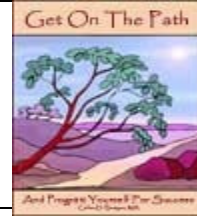




PETRA HYPNOSIS/ AICH PTE LTD



## **Take back control of your life, with 7th Path Self-Hypnosis®!**

**The 7th Path Self-Hypnosis® is an exciting development in the field of Mind-Body-Spirit personal development. It is changing lives in America, Singapore and around the world.**

**This powerful new system of self-hypnosis enables the practitioners to break free of old habits and limiting beliefs so that they can begin to create new beneficial habits and move beyond what the old limited self was able to accomplish.**

**7th Path® is a process that enables the students to experience hypnosis first and then learn how to do self-hypnosis to make important changes in their lives.**

**Students will learn to hypnotize themselves in a fast, safe and effective manner.**

**They'll learn how to give themselves productive hypnotic suggestions that can help them to lose weight, stop smoking, feel more relaxed or more self-confident, and much more. If they want it, they can have it! It's that simple!**

**This class is offered throughout the year at our hypnosis institute. 7<sup>th</sup> Path® can be learned on a one on one basis with a 7<sup>th</sup> Path teacher or it could be learned in a small group class. Some people who do private sessions for certain issues also can opt to do 7<sup>th</sup> Path to enhance their healing process.**

**7th Path Self-Hypnosis® is a very popular workshop, originally founded by Calvin Banyan, the founder of the advanced 5 PATH® and the 7<sup>th</sup> Path of Self Hypnosis, and now exclusively taught at Petra Hypnosis & Training Centre Private Ltd and at Advanced Institute of Complementary Healthcare (AICH) Pte Ltd. It can be done in a one full day workshop or once a week over a few weeks.**

**We teach behavior modification techniques as part of this course. Students come to our premises to do this course. However if you have a group and want us to teach at your location, it can also be arranged. Please contact us for more information:**

**Tel: +65-91000432/ +65-64639500 \* E-mail: [fbs@consultant.com](mailto:fbs@consultant.com)**